**FY19 Iowa Partnerships for Success Suicide Prevention Services**

Instructions: IPFS funded counties are required to provide suicide prevention services during each year of the project. Below are service expectations for FY19 (some services from previous years are listed again to ensure connection and continuity).  **The first three bullet points in this document are priorities during FY19.** All counties will provide services within these bullet points but other suicide prevention services within this document can be provided.

These services should all be provided on a recurring basis throughout FY19 and reported in the IPFS Quarterly Progress Report within Iowagrants.gov. If there are questions regarding suicide prevention services, contact Pat McGovern at 515-281-5444 or pat.mcgovern@idph.iowa.gov.

**Services**

* Meet with each county school district to see if there is a suicide prevention/postvention plan in place
  + If not, recommend the [Model School Policy Webinar](https://thetrevorproject.adobeconnect.com/_a1089658254/p4z1v9eyvl9/?launcher=false&fcsContent=true&pbMode=normal) (54 minutes), share the one-page [Fact Sheet](http://b.3cdn.net/trevor/2e3beec92eaa22f4ca_zjm6bho9x.pdf) and the [Model School District Policy on Suicide Prevention](http://b.3cdn.net/trevor/10a65fa42e6ebddc24_qem6bvseu.pdf).
  + If the school district does have a policy, recommend a review of the [Model School District Policy on Suicide Prevention](http://b.3cdn.net/trevor/10a65fa42e6ebddc24_qem6bvseu.pdf) ensure best practices are included.
  + Report to IDPH your findings by district in the IPFS Quarterly Progress Report.
* Promote [Your Life Iowa](http://www.yourlifeiowa.org/) to the general population, coalitions, agency newsletters, schools, and community-based organizations in your county including distribution of materials (rack cards, stickers, flyers, and posters) – contact Pat or look at [Your Life Iowa>Resources](https://yourlifeiowa.org/resources). Remember that Your Life Iowa now also covers problem gambling and substance misuse too.
  + Report to IDPH the types and numbers of materials distributed and the places provided materials in the IPFS Quarterly Progress Report.
* Contact the [nearest suicide bereavement support group](https://idph.iowa.gov/Portals/1/userfiles/133/Iowa%20Suicide%20Bereavement%20Support%20Groups.pdf) to offer support and see what can be done to promote the group in your county. If none are close, please contact the nearest if they know of anyone in your area who may be starting one.
  + Report to IDPH which group you contacted and what steps were taken in the IPFS Quarterly Progress Report.
* Promote local [Out of the Darkness Walks](http://afsp.donordrive.com/), [Mental Health First Aid (youth and adult) trainings](http://www.mentalhealthfirstaid.org/cs/take-a-course/find-a-course/), [National Suicide Prevention Week](http://www.suicidology.org/about-aas/national-suicide-prevention-week) and [Month](http://nami.org/suicideawarenessmonth) (September 2019) and other suicide prevention efforts in your community.
  + Report to IDPH which event you promoted and what steps were taken in the IPFS Quarterly Progress Report.

**Resources**

[IDPH Suicide Prevention Page](https://idph.iowa.gov/substance-abuse/youth-suicide-prevention):

* Tip sheets for foster parents, faith community leaders, law enforcement, and managers (found under “Additional Resources” on IDPH Suicide Prevention page). Additional state and national resources listed here.

[Iowa Suicide Prevention Plan 2015-2018](https://idph.iowa.gov/Portals/1/userfiles/133/Iowa%20Suicide%20Prevention%20Plan%202015-2018.pdf): This will be updated by Spring 2019.

[Your Life Iowa](http://www.yourlifeiowa.org/): Resource for suicide prevention and anti-bullying. Online, toll-free at 855-581-8111, or text 855-895-8398 (standard message and data rates may apply).